



Heron's Roost Grille Room

Lunch Menu

Starters

Guinness Wings 10 pc 7.50/ 20 pc 13.50

Chicken wings, deep fried, glazed with our rich Guinness Sauce, served with a Chipotle/Ranch dipping sauce (also available Buffalo Style)

Chicken Quesadilla 9.95

With a roasted corn/ black bean salsa, Jack cheese, guacamole, sour cream and salsa (also available blackened)

Bruscetta 6.95

Chef Scott's fresh tomato mix, balsamic and crustini

Angus Sliders 2.95 ea

Sliders topped with American, Cheddar or Swiss cheeses

Chicken Tenders 7.50

Buttermilk marinated, golden fried and served with Honey Mustard or BBQ sauce

Soup and Chili

Soup of the day.....3.95 /Cup 4.95 Bowl

Chef's daily made from scratch selections

Club made Chili.....4.50/Cup 5.95/Bowl

Desserts

Dessert tray of house made items displayed daily

Warning: Consumption of rare or undercooked food products may cause illness

Salads

Big Pine Key 7.95

Mixed Greens tossed with cherry tomatoes, Jack cheese, red onion, mandarin oranges, crasins, mango and spiced pecans

Heron Creek Salad 7.95

Mixed greens tossed with sliced farm fresh strawberries, peaches, blueberries and toasted almonds all served with an orange yogurt vinaigrette

Classic Caesar 3.95/7.95

Crisp Romaine lettuce house made croutons and Caesar dressing

Back Nine Cobb 9.95

Mixed greens , grilled chicken, tomato, bacon, egg , avocado and Bleu cheese

Chop Salad 3.50/6.95

Chopped Ice Burg lettuce, tomato, onion, Applewood smoked bacon and Bleu cheese crumbles

Pecan Crusted Chicken 8.95

Our Signature Pecan crusted chicken breast, served atop baby spinach with Braeburn apples, dates, candied walnuts and served with a Champagne vinaigrette

Blackened Shrimp and Bruscetta Salad 9.95

Mesculin greens topped 5 blackened shrimp and chef Scott's bruscettas all drizzled with an intense Balsamic reduction

**Add grilled/blackened, Chicken Breast 3.00, Salmon Fillet 4.00 or Ahi Tuna 5.00
Scoop of Tuna Salad, Egg Salad or Chicken Salad 3.00**

Dressing Selections

Bleu Cheese

Ranch

Honey Mustard

Balsamic

Champagne

White Zinfandel

Sandwiches

All sandwiches are served with pickle & choice of chips, fruit, cole slaw or French fries

Deli Selections

Turkey, Ham, Salami, Tuna Salad, Egg Salad, Chicken Salad,
Swiss, Provolone, Cheddar, American
Rye, Honey Wheat, or White

~ **Build Your Own Sandwich With Any Of The Above** ~

Each Creation Comes With A Pickle, Lettuce, Tomato
Your Choice Of Chips Or Slaw.

Sandwich 8.95 ~ Half Sandwich and cup of soup 8.95

Angus Burger 8.50

8 ounces of 100% Black Angus Beef grilled to your liking and served on a Kaiser roll

Potato Crusted Grouper 12.95

Grouper fillet crusted golden fried on a Hoagie roll with Cajun tartar sauce

Grilled Portabella 9.95

*Balsamic marinated Portobello Mushroom grilled and topped with roasted red pepper,
Provolone cheese and avocado served on a Kaiser roll*

Fish Taco 12.95

*Mahi Mahi fillet panko crusted and served with cilantro slaw, salsa and
a chipotle/ranch sauce*

Cape Cod Wrap 8.95

Turkey, Swiss, mixed greens, tomatoes and a cranberry aioli

The BLT 7.95

*A cord of Applewood smoked bacon fresh sliced beef steak tomato, lettuce and mayo on
your choice of toasted bread*

Santa Fe Chicken wrap 8.95

*Grilled or Blackened chicken breast, mixed greens, tomato, Jack cheese, avocado and a
smoky Chipotle sauce*

Pastrami Reuben 8.95

Pastrami, Swiss cheese, sauerkraut, 1000 Island on Marble Rye