

# “Heron’s Roost” Grille Room

## Lunch Menu

### STARTERS

**HONEY GINGER CHICKEN BITES.....5.75**

*Bite sized pieces of chicken glazed and broiled in a mixture of garlic, soy sauce, ginger, citrus and honey and served atop Asian slaw.*

**GUINNESS® WINGS.....1lb – 5.95 .....2lb – 9.95 .....4lb – 18.95**

*Chicken wings, deep fried, glazed with our rich Guinness® sauce and served with a chipotle ranch dipping sauce. (Buffalo Style Wings Available Also)*

**CHICKEN QUESADILLA.....6.95**

*Grilled, sliced chicken breast with cheddar & Monterey jack cheese in a crispy flour tortilla. Served with sour cream, salsa & guacamole for dipping.*

**COCONUT SHRIMP TENDERS.....6.95**

*Gulf shrimp coated in a decadent coconut breading served with creamy mango chutney.*

**CRAB VOLCANO SPRING ROLL.....6.95**

*A creamy cheese and crab mixture with a hint of heat in a crispy spring roll wrapper, accompanied by sweet plum sauce for dipping.*

*All Soups and Salads served with Freshly Baked Artesian Rolls and Butter*

### SOUP AND CHILI

*Soup of the Day.....3.25/Cup 3.75/Bowl*

*Homemade Chili.....3.95/Cup 4.75/Bowl*

### SALADS

**CAESAR SALAD.....5.95 w/Chicken.....7.95 w/Tilapia....9.95 w/Steak....12.75**

*Crisp romaine lettuce tossed with homemade Caesar dressing, herbed croutons & parmesan cheese*

**PECAN CRUSTED CHICKEN SALAD.....8.95**

*Crisp romaine lettuce sprinkled with toasted hazelnuts, strawberries, blueberries and peaches. Served with a paprika poppy seed dressing.*

**CRAB CAKE SALAD.....8.95**

*Mixed greens topped with black bean mango salsa, and a sautéed crab cake. Garnished with blue corn chips and Caribbean mango dressing.*

**CHICKEN WALDORF SALAD.....8.50**

*Baby Spinach topped with a creamy mixture of Granny Smith apples, walnuts, celery and red grapes finished with a serving of our homemade chicken salad.*

*There is \$2.00 plate charge for split plate orders.*

*Warning: Consumption of rare or undercooked food products may cause illness.*

**GREEK CHEF'S SALAD** .....8.95  
*Mixed greens topped with Arostica chicken, feta cheese, kalamata olives, pepperoncinis, cucumbers, red onion and red peppers, served with an oregano lemon feta dressing.*

**SMOKED SALMON, FENNEL, MACADAMIA SALAD**.....9.95  
*Thinly shaved fennel, baby greens and toasted macadamias tossed with a lemon vinaigrette and topped with Norwegian smoked salmon.*

## **SANDWICHES**

*All cold cut sandwiches feature only premium Boar's Head® deli meats.  
Sandwiches are served with lettuce, tomato, red onion, pickle & choice of chips,  
fruit salad, coleslaw or potato salad  
(Side salad may be substituted for 1.95 and side Caesar for 2.25)*

**THE CALIFORNIA CLUB**.....8.50    **THE CALI JUNIOR** .....6.95  
*Three or two tier sandwich featuring turkey, applewood smoked bacon, avocado, Pepperjack cheese and mayo on your choice of bread or toast.*

**REUBEN**.....6.95  
*Lean corned beef, Swiss cheese and sauerkraut grilled on marble rye bread with Thousand Island dressing.*

**ANGUS BURGER**.....8.25  
*Black Angus ground beef, char grilled to your liking and served on a toasted Kaiser roll.*

**TILAPIA SANDWICH**.....8.95  
*Tilapia fillet served on a toasted hoagie roll, prepared broiled, grilled, blackened or potato crusted. Served with tartar sauce & lemon garnish.*

**YOUR SIGNATURE SANDWICH**.....7.25  
*Your choice of a toasted pita, flour tortilla, bread or toast filled with your choice of chicken, tuna or egg salad, ham, turkey or roast beef.*

**WILD MUSHROOM VEGETARIAN "BURGER"**.....7.25  
*A mixture of Portobello, shiitake and fancy button mushroom "burger" patty served on a toasted Kaiser bun with pesto sauce, pickled onions and baby greens.*

**CUBAN** .....7.50  
*Roasted Pork, salami, yellow mustard, provolone and pickles, pressed and grilled on a toasted hoagie bun.*

**PHILLY CHEESESTEAK**.....7.75  
*Shredded beef or chicken sautéed with onions, green peppers and provolone on a toasted hoagie bun.*

**GRILLED CHEESE**.....4.50  
*Personalize your sandwich by choosing the cheese and bread of your choice.*

*There is \$2.00 plate charge for split plate orders.*

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